



2020/21 ATHLETIC HANDBOOK

Introduction TIS places a great deal of emphasis on a well-rounded and holistic approach to education. Extra-curricular activities and sports is a significant part of the TIS experience for our students. This document outlines the details of how we deliver our sports program and what each student athlete can expect when he/she signs up to be a part of the Tigers family. You will also find the policies and guidelines that we have in place to ensure a caring, supportive, and positive environment for everyone involved in our activities.

Contact Information Bing Han, Athletic Director
bing.han@tis.edu.mo
+853 2853 3700 ext. 1041

Vivian Lok, ECA Coordinator
vivian.lok@tis.edu.mo
+853 2853 3700 ext. 1042

<https://tis.edu.mo/programs/athletics>

Twitter, Facebook, Instagram: @tistigers

Age Groups Participants of our sports program are divided into 4 general age groups.

- *Under-12* (grades 4 - 6)
- *Junior* (grades 6 - 8)
- *Senior* (grades 9 - 12)
- *Open* (grades 4 - 12)

In addition to the general age groups above, each league we're a part of has specific age requirements and competition registration limits. Each coach will have additional details with respect to the age requirements for that team's scheduled events.

Some examples are:

- U19 Basketball – Must be 18 or younger as of Sept 1, 2020
- U15 Volleyball – Must be 14 or younger as of Sept 1, 2020

Conferences

TIS is a registered full-membership school in the following local and international sports conferences. We endeavour to enter our teams into as many of the following competitions as possible, especially for the core sports where participation is a condition of retaining our membership.

<p style="text-align: center;">DSEJ <i>Macao Education and Youth Affairs Bureau</i></p>
<ul style="list-style-type: none">• Sanctioned and operated by the Macao government and the various sports associations in Macao• U12, U14, U16, and U20 age groups for most sports• All competitions take place in Macao
<p style="text-align: center;">ACAMIS <i>Association of China and Mongolia International Schools</i></p>
<ul style="list-style-type: none">• 70 member schools across greater China• U19 for core sports (Basketball, Volleyball, Soccer), Orange Division• U14 and/or U19 for other sports, no divisional alignment• Requires overseas travel
<p style="text-align: center;">SCISAC <i>South China International Schools Athletic Conference</i></p>
<ul style="list-style-type: none">• 6 member schools (China, Macao, Hong Kong, Taiwan)• U15 for core sports (Basketball, Volleyball, Soccer)• Requires overseas travel
<p style="text-align: center;">PRC <i>Pearl River Conference</i></p>
<ul style="list-style-type: none">• 22 member schools throughout Guangdong province• U14 and U19 for core sports (Basketball, Volleyball, Soccer)• U19 Red Division for core sports• U14 Blue Division for core sports• U14 and/or U19 for other sports, no divisional alignment• Requires overseas travel

Sports Seasons

TIS makes every effort to clearly distinguish the seasons of play for each sport at each level. However, some seasons often overlap due to the different schedules of the multiple conferences we belong to. The following can be used as a general guide.

Fall Season <i>Sept - Nov</i>	Winter Season <i>Dec - Feb</i>	Spring Season <i>Mar - May</i>
<ul style="list-style-type: none">• Jr Soccer• Sr Volleyball• Tennis• Cross Country• Touch	<ul style="list-style-type: none">• U12 Soccer• Jr Volleyball• Sr Basketball• Swimming• Badminton• Golf	<ul style="list-style-type: none">• Jr Basketball• Sr Soccer• Track and Field

Athletic Fee

All participants in the athletics program must pay a one-time fee in the amount of **1000 MOP**. This fee remains the same regardless of how many sports an athlete participates in. Athletes will not be allowed to compete for TIS until this fee has been paid. This fee includes but is not limited to the following items:

- Athletic Kit (training shirt and water bottle)
- Accident Insurance
- Local Transportation
- Athletic Banquet

The Athletic Fee should be paid in cash directly to the Athletics Office (South Wing, Room 1040). If an athlete or a parent chooses to pay via credit card at the main school office, the receipt must be brought up to the Athletics Office as proof of payment.

In general, once paid, this fee is non-refundable. However, extenuated circumstances may warrant a refund and the Athletics Office will review each request on a case-by-case basis.

This fee does not include overseas tournaments travel fees. See next page for details.

Team Selection

It is our goal to include as many students in our program as possible. We encourage students of all skill levels and experiences to join our sports teams. However, the organizing bodies of our conferences often limit the number of players per team. For example, both ACAMIS and SCISAC limit the rosters for volleyball and basketball to 10 players and soccer to 12 players.

For this reason, some teams may not be able to register every student for every tournament. Coaches will sometimes have to make cuts to meet the roster size limits or to limit practices to a manageable number of athletes so that student safety isn't compromised.

Uniforms

Each athlete will be provided with an official TIS uniform for the team(s) that he/she plays on, at no cost. The athlete will be responsible for caring and maintaining his/her uniform for the duration of the season.

Normal wear and tear notwithstanding, if the uniform is not returned in fair condition or in a timely manner at the end of the season, the athlete must reimburse TIS with the cost of replacement. Failure to do so will result in the athlete not being able to participate in other extracurricular activities and/or attend the athletic banquet.

Overseas Tournaments

Almost all of our sports teams will travel outside of Macao for tournaments in the greater China region (Mainland China, Hong Kong, Taiwan) at some point in their respective seasons. Permission forms and travel details will be made available to parents and athletes at the earliest opportunity for each team.

The Athletic Fee does not cover the travel, accommodation and auxiliary costs of these trips. The overall cost for each tournament will be made available on the permission forms for each trip.

This cost will vary greatly depending on the location of the event, the mode of transportation, the types of accommodations, and the number of people traveling. Please see the Athletics Office for additional details.

Tournament
Schedule

The chart below lists the local and overseas tournaments TIS has committed to for 2020/21, not including DSEJ events.

	DATES	LEAGUE - DIVISION	EVENT	HOST SCHOOL	
SEPT	12	PRC MS - RED DIV	SOCCER EXCHANGE	BOYS - QSIS	GIRLS - AISG
	19	PRC HS - RED DIV	VOLLEYBALL EXCHANGE	BOYS - QSIS	GIRLS - SIS
	26	PRC MS - RED DIV	SOCCER TOURNAMENT	BOYS - AISG	GIRLS - QSIS
OCT	15, 16, 17	ACAMIS	TENNIS TOURNAMENT	BOYS - ISB	GIRLS - WAB
	17	PRC HS - RED DIV	VOLLEYBALL TOURNAMENT	BOYS - SIS	GIRLS - QSIS
	24	PRC ES/MS/HS	SWIM MEET	SWIS	
	31	PRC MS	BADMINTON EXCHANGE	QSIS	
NOV	1	PRC MS/HS	CROSS COUNTRY MEET	ZIS	
	5, 6	ACAMIS	TOUCH RUGBY TOURNAMENT	DCHK	
	5, 6, 7	SCISAC	SOCCER TOURNAMENT	NIS	
	5, 6, 7	ACAMIS - ORANGE DIV	VOLLEYBALL TOURNAMENT	RCHK	
	13, 14	PRC HS	TENNIS TOURNAMENT	ULC	
	13, 14	ACAMIS	CROSS COUNTRY MEET	LIS	
	14	PRC MS - RED DIV	TOUCH RUGBY EXCHANGE	BOYS - TIS	GIRLS - SIS
	28	PRC MS/HS	SWIM MEET	BSG	
	28	PRC MS	BADMINTON TOURNAMENT	QSID	
28	PRC MS - RED DIV	TOUCH RUGBY TOURNAMENT	BOYS - TIS	GIRLS - SIS	
DEC	5	PRC HS - RED DIV	BASKETBALL EXCHANGE	NCPA	
JAN	16	PRC HS - RED DIV	BASKETBALL TOURNAMENT	BOYS - CIS	GIRLS - TIS
FEB	4, 5, 6	ACAMIS - ORANGE DIV	BASKETBALL TOURNAMENT	ISU	
	25, 26, 27	CISSA	CANADIAN CLASSIC	BCISB	
	25, 26, 27	SCISAC	VOLLEYBALL TOURNAMENT	YCIS	
	27	PRC MS - RED DIV	VOLLEYBALL EXCHANGE	BOYS - QSIS	GIRLS - SWIS
MAR	19	INVITATIONAL	TIS GOLF TOURNAMENT	TIS	
	20	PRC HS - RED DIV	SOCCER EXCHANGE	BOYS - CGS	GIRLS - CIS
	12, 13	ACAMIS (U19)	SWIM MEET	NIS	
	20	PRC MS - RED DIV	VOLLEYBALL TOURNAMENT	BOYS - SIS	GIRLS - UISG
	27	PRC HS	BADMINTON EXCHANGE	QSIS	
APR	16, 17	ACAMIS	BADMINTON TOURNAMENT	SIS	
	17	PRC MS - RED DIV	BASKETBALL EXCHANGE	BOYS - SWIS	GIRLS - UISG
	17	PRC HS - RED DIV	SOCCER TOURNAMENT	BOYS - TIS	GIRLS - CGS
	22, 23	ACAMIS	GOLF TOURNAMENT	DCHK	
	22, 23, 24	ACAMIS - ORANGE DIV	SOCCER TOURNAMENT	IST	
	24	PRC HS	BADMINTON TOURNAMENT	QSID	
MAY	7, 8	ACAMIS	TRACK AND FIELD MEET	ISB	
	8	PRC MS - RED DIV	BASKETBALL TOURNAMENT	BOYS - AISG	GIRLS - TIS
	13, 14, 15	SCISAC	BASKETBALL TOURNAMENT	XIS	

Training
Schedule

The chart below lists the weekly training schedule for all competitive teams at TIS for school year 2020/21. This schedule is subject to change. Each team's coach would have the most up-to-date training information.

Sport	Age Group	Coach(es)	Training Schedule					Location	Season
			M	T	W	Th	F		
U12 Cross Country	Grades 4 - 6	Morgan, Henault	-	3:15	-	-	-	Taipa Grande Trails	Sept - Nov
U12 Track and Field	Grades 4 - 6	Martinez, Boon	3:15	-	3:15	-	-	MUST Track	Nov - Mar
U12 Boys Soccer	Grades 4 - 6	Leguerrier, Kir	-	3:15	-	-	3:15	Front Field	Nov - Apr
JR Badminton	Grades 6 - 8	D. Janveaux, P. Janveaux	-	7:15	3:45	-	-	MPR1/MUST Barn	Nov - Mar
JR Boys Basketball	Grades 6 - 8	Garcia, Ritchot	-	-	3:45	-	3:45	MPR1	Oct - Mar
JR Boys Soccer	Grades 6 - 8	McKenzie	5:00	-	3:45	-	-	Front Field	Nov - Mar
JR Boys Volleyball	Grades 6 - 8	Kakoske, Ferguson	3:45	-	5:00	-	-	MPR2	Sept - Feb
JR Girls Basketball	Grades 6 - 8	Han	3:45	-	5:00	-	-	MPR1	Oct - Mar
JR Girls Soccer	Grades 6 - 8	Cesario. Peade	3:45	-	3:45	-	-	Front Field	Sept - Nov
JR Girls Volleyball	Grades 6 - 8	Varga, Soentgerath	-	3:45	-	4:30	-	MPR2	Sept - Feb
JR Touch (co-ed)	Grades 6 - 8	F. Rochon, K. Rochon	-	3:45	-	-	-	Front Field	Sept - Dec
SR Badminton	Grades 9 - 12	Boyko	-	-	3:45	-	-	MUST Barn	Nov - Mar
SR Boys Basketball	Grades 9 - 12	Roberge, Lovestone	5:00	3:45	-	-	3:45	MPR1/MUST Barn	Sept - Feb
SR Boys Soccer	Grades 9 - 12	Masters	3:45	-	-	4:30	-	Front Field	Sept - Mar
SR Boys Volleyball	Grades 9 - 12	Kiat	5:00	-	5:00	-	3:45	MPR/Mini-MPR	Sept - Jan
SR Girls Basketball	Grades 9 - 12	Han	-	5:00	-	4:30	5:00	MPR	Sept - Feb
SR Girls Soccer	Grades 9 - 12	Koch	3:45	-	3:45	-	-	Front Field	Jan - Apr
SR Girls Volleyball	Grades 9 - 12	Ricketts, K. Billey	3:45	-	3:45	-	5:00	MPR1/MPR2	Sept - Jan
SR Touch (co-ed)	Grades 9 - 12	Dickson	-	3:45	-	-	-	Front Field	Sept - Dec
U14/U19 Track and Field	Grades 7 - 12	Bass, Quadri	-	-	3:45	-	-	MUST Track	Nov - Mar
U14/U19 Cross Country	Grades 7 - 12	Brown, Clack	3:45	-	-	-	3:45	Taipa Grande Trails	Sept - Nov
U14/U19 Swim	Grades 7 - 12	Wester, Caley	-	-	7:00	-	-	Taipa Olympic Pool	Oct - Feb
Golf	Grades 4 - 12	Leguerrier, Janveaux	-	-	3:45	-	-	MGCC	Sept - Mar
Tennis	Grades 4 - 12	McIlveen, Lam	3:45	-	3:45	-	-	MUST Tennis Court	Sept - Mar

Athletic Awards

At the conclusion of each athletic season, individual awards will be given out to celebrate the achievements of our athletes at the annual Athletic Awards Banquet.

Most Valuable Player

Each team's coach(es) will select 1 recipient of this award in the case of a boys only or girls only team. For co-ed teams, the coach(es) will select 1 male and 1 female recipient of this award. The recipient of this award should:

- *Be a major component of the team's achievements*
- *Be a role model to his/her teammates*
- *Be a dedicated member of the team both in training and competition*
- *Demonstrate outstanding leadership, both on and off the sports field*
- *Demonstrate sportsmanship with teammates, opponent, coaches, and officials*

Most Improved Player

Each team's coach(es) will select 1 recipient of this award. The recipient of this award should:

- *Be a dedicated member of the team both in training and competition*
- *Demonstrate both mental and physical growth throughout the year*
- *Demonstrate sportsmanship with teammates, opponent, coaches, and officials*

Athlete of the Year

Every coach will have the opportunity to nominate deserving athletes to receive the Athlete of the Year award. Nominees will be accepted for both a female and a male student in the elementary, junior, and senior categories. All coaches will vote for 1 student in each category to determine the winner. All nominees should:

- *Exemplify the ethos of Tigers Athletics*
- *Be an outstanding and positive member of the TIS community*
- *Be a major component of the team(s) he/she has played on*
- *Demonstrate outstanding athletic skill relative to his/her peers*
- *Demonstrate a willingness to work and help teammates and coaches*
- *Demonstrate sportsmanship with teammates, opponent, coaches, and officials*
- *NOT receive any disciplinary action throughout the school year*
- *NOT quit a sports team he/she is registered on*
- *NOT miss any scheduled games or tournaments*

Coaches Roles and Responsibilities

All TIS coaches, both staff members and external parties, shall adhere to the following guidelines and expectations at all times.

Responsibilities

- *Recruit athletes for his/her team.*
- *Ensure eligibility of players by verifying age requirements for specific league play, ensuring athletes have no outstanding fees, and any other factors that would prohibit a player from participating in inter-school sports.*
- *Adhere to the scheduled training times and attend all training sessions in a punctual manner.*
- *Maintain accurate and up-to-date attendance records of all training sessions.*
- *Attend all local and away games as per league or tournament schedules.*
- *Prepare and submit tournament and league registration documents in a timely manner (rosters, travel information, etc).*
- *Ensure all players submit requirement documentation in a timely manner (permission forms, travel documents, trip fees, health declaration, etc).*
- *Distribute and collect uniform kits at the start and end of each respective season.*
- *Maintain and care for all related equipment for the duration of the season.*
- *Take and organize photographs of gameplay as often as possible and submit photos to the Yearbook Committee in a timely manner.*
- *Complete tournament/game reports within one week after competitions to the Athletic Director and/or post to the TIS Tigers webpage and Facebook page.*
- *Communicate and liaise with classroom teachers and parents as required.*
- *Report any accidents, injuries, and athlete misconduct to the Athletic Director.*
- *Monitor athletes' academic progress on a regular basis and work with classroom teachers as needed to ensure athletes are meeting expectations in all classes.*

Professional Qualifications

- *Possess competent technical knowledge of the skills, techniques, and rules of the sport.*
- *Demonstrate the ability to teach fundamental skills in a constructive and age-appropriate manner so as to prevent injuries from incorrect technique.*
- *Plan and deliver training sessions in accordance to the rules and best practices adopted from official organizing bodies for each sport.*
- *Ensures safe training and competition environments through the correct and appropriate use of related equipment.*

Conduct

- *Exhibit a positive and constructive attitude that builds student morale and self-confidence.*
- *Communicate with officials, opposing coaches, and parents/fans in a professional and courteous manner.*
- *Emphasize the value of sportsmanship to players by being a positive role model at all times.*
- *Adhere to the code of conduct for each organizing bod that TIS is a member of.*
- *Never belittle, ridicule or use foul language when dealing with students and opposing coaches and officials.*
- *Represent TIS in a professional, positive, and congenial manner at all times.*
- *When away from Macao, coaches are never to leave students unsupervised at any time (playing venue, hotels, restaurants, etc).*
- *Never consume alcohol or other intoxicating agents while in direct supervision of students, whether locally or away from Macao.*
- *Adhere to the TIS Staff Handbook and all other policies governing the conduct of TIS staff members.*

Athletes Code of Conduct

By signing up for a sports team, all athletes agree to the policies set forth and hereby referred to as the Athletes Code of Conduct, in addition to all previous sections of this handbook.

Conduct

- Athletes are expected to adhere to all rules and responsibilities outlined by The International School of Macao, including the "TIS Student Handbook" and the "TIS Responsible Use Policy".
- Athletes shall exhibit a positive and supportive attitude towards classmates, teammates, teachers, coaches, opponents, parents and referees at all times.
- Athletes shall not verbally or physically harass or assault classmates, teammates, teachers, coaches, opponents, parents and referees.
- Athletes shall not use foul language or obscene gestures at practices and competitions.
- Athletes shall not consume tobacco, alcohol, drugs, or any controlled substances at TIS, at any TIS events in Macao, or while representing TIS on an overseas trip.
- While traveling on behalf of TIS at overseas tournaments, athletes are expected to follow all rules stipulated by the organizing bodies of each event.
- While staying overnight in hotels, all athletes must observe a 10PM room curfew and must seek permission from the supervising coach(es) before leaving the hotel at any time.

Commitment

- Athletes must attend every practice session and game unless arrangements have been made with the coaching staff ahead of time.
- While academic responsibilities is a top priority for all TIS athletes, school assignments should not be used as an excuse for missing practices and competitions. It is the responsibility of the athlete to manage their schedule effectively so they can fulfill all of their responsibilities.
- Athletes selected on the tournament team (DSEJ, ACAMIS, SCISAC, PRC) are expected to attend all scheduled local and overseas tournaments.

Academics and Attendance

- All athletes must have a satisfactory standing, as stipulated by classroom teachers, and demonstrate consistent effort in all academic courses in order to participate in athletics.
- When it is necessary for athletes to miss classes for athletics purposes, each athlete is responsible for making prior arrangements with the teachers of the missed classes. Each athlete must obtain and make up missed schoolwork.
- Participation in sports shall never be used as an excuse for incomplete coursework.
- Athletes who have unexcused absences from classes may not participate in practices and/or competitions that day.

Disciplinary Actions

- Any athletes deemed to have acted not in accordance with this or any other TIS student policy are subject to disciplinary actions, which include but are not limited to:
 - Suspension from game(s) and/or season(s)
 - Removal from team roster
 - Suspension from TIS athletics

The severity and length of each disciplinary action will depend on the nature of the infraction and be dealt with on a case-to-case basis by the coach(es), Athletic Director, and the Athletics and ECA Committee.

Glossary

AISG	AMERICAN INTERNATIONAL SCHOOL OF GUANGZHOU
BCIS	BEIJING CITY INTERNATIONAL SCHOOL
BCISB	BRITISH COLUMBIA INTERNATIONAL SCHOOL OF BANGKOK
BSG	BRITISH SCHOOL OF GUANGZHOU
CGS	COUNTRY GARDEN SCHOOL (GUANGZHOU)
CIS	CLIFFORD INTERNATIONAL SCHOOL (GUANGZHOU)
DCHK	DISCOVER COLLEGE HONG KONG
HBJ	HARROW INTERNATIONAL SCHOOL BEIJING
HKA	HONG KONG ACADEMY
ICA	IVY COLLEGIATE ACADEMY
ISB	INTERNATIONAL SCHOOL OF BEIJING
IST	INTERNATIONAL SCHOOL OF TIANJIN
ISU	INTERNATIONAL SCHOOL OF ULAAN BAATOR
LIS	LEMAN INTERNATIONAL SCHOOL (CHENGDU)
NCPA	NANSHA COLLEGE PREPARATORY ACADEMY (GUANGZHOU)
NIS	NANJING INTERNATIONAL SCHOOL
QSID	QUALITY SCHOOLS INTERNATIONAL DONGGUAN
QSI	QUALITY SCHOOLS INTERNATIONAL SHENZHEN
SCIS HQ	SHANGHAI COMMUNITY INTERNATIONAL SCHOOL HONGQIAO
SIS	SHEKOU INTERNATIONAL SCHOOL (SHENZHEN)
SWIS	SHENWAI INTERNATIONAL SCHOOL (SHENZHEN)
UISG	UTAHLOY INTERNATIONAL SCHOOL OF GUANGZHOU
ULC	U-LINK COLLEGE (GUANGZHOU)
WAB	WESTERN ACADEMY OF BEIJING
XIS	XIAMEN INTERNATIONAL SCHOOL
YCIS CQ	YEW CHUNG INTERNATIONAL SCHOOL CHONGQING
ZIS	ZHUHAI INTERNATIONAL SCHOOL



The International School

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