



Athletic Handbook 2022/2023



Introduction

TIS places a great deal of emphasis on a well-rounded and holistic approach to education. Extra-curricular activities and sports are a significant part of the TIS experience for our students. This document outlines the details of how we deliver our sports program and what each student athlete can expect when he/ she signs up to be a part of the Tigers family. You will also find the policies and guidelines that we have in place to ensure a caring, supportive, and positive environment for everyone involved in our activities.

Contact Informations

Athletic General Enquiries: athletics@tis.edu.mo

Tarran Goodwin ECA Program Manager Email: Tarran.Goodwin@tis.edu.mo Phone: +853 2853 3700 ext. 1041	Edward Kuo Activities Development Officer Email: Edward.Kuo@tis.edu.mo Phone: +853 2853 3700 ext. 1042
Pio Aquino P.E and Athletics Assistants Email: Pio.Aquino@tis.edu.mo Phone: +853 2853 3700 ext. 1042	Billy Ng Athletics and Activities Development Support Email: Billy.Ng@tis.edu.mo Phone: +853 2853 3700 ext. 1043

Website: <https://www.tis.edu.mo/programs/athletics>

Social Media: Facebook, Twitter, Instagram: [@TISTigers](https://www.instagram.com/TISTigers)



Age Groups

Participants of our sports program are divided into 4 general age groups.

DSEDJ Group #	Division	Student Grades	Student Birth Years
Group E	U10	4	
Group D	U12	5 - 6	2011-2012 or after
Group C	U14	7 - 8	2009-2010 or after
Group B	U16	9 - 10	2007-2008 or after
Group A	U20	11 -12	2003-2006 or after

In addition to the general groups above, each coach will have additional details with respect to the age requirements for that team's scheduled events.

Some examples are:

Group A (U20) Basketball - Must be 20 or younger as of Sept. 1, 2022

Group C (U14) Volleyball - Must be 14 or younger as of Sept. 1, 2022



Conferences

TIS is a registered full-membership school in the following local and international sports conference. We endeavour to enter our teams into as many of the following competitions as possible, but due to COVID-19 restrictions we will be limited to travelling outside of Macau during this school's calendar year.

<p style="text-align: center;">DSEDJ</p> <p style="text-align: center;"><i>Macao Special Administrative Region Education and Youth Development Bureau</i></p>	<ul style="list-style-type: none"> ➤ Sanctioned and operated by the Macao government and the various sports associations in Macao ➤ U12, U14, U16, and U20 age groups for most sports ➤ All competition takes place in Macao
<p style="text-align: center;">ACAMIS - COVID Restrictions</p> <p style="text-align: center;"><i>Association of China and Mongolia International Schools</i></p>	<ul style="list-style-type: none"> ➤ 70 member schools across greater China. ➤ U19 for league sports (Basketball, Volleyball, Soccer), Orange Division ➤ U14 and/ or U19 for other sports, no divisional alignment ➤ Require overseas travel
<p style="text-align: center;">SCISAC - COVID Restrictions</p> <p style="text-align: center;"><i>South China International Schools Athletic Conference</i></p>	<ul style="list-style-type: none"> ➤ 6 member schools (China, Macao, Hong Kong, Taiwan) ➤ U15 for league sports (Basketball, Volleyball, Soccer) ➤ Requires overseas travel
<p style="text-align: center;">PRC - COVID Restrictions</p> <p style="text-align: center;">Pearl River Conference</p>	<ul style="list-style-type: none"> ➤ 22 member schools throughout Guangdong province ➤ U14 and U19 for league sports (Basketball, Volleyball, Soccer) ➤ U19 Red Division for league sports ➤ U14 Blue Division for league sports ➤ U14 and/or U19 for other sports, no divisional alignment ➤ Requires overseas travel
<p style="text-align: center;">MISSA</p> <p style="text-align: center;">Macao International School Sports Associations</p>	<ul style="list-style-type: none"> ➤ 3 local member schools: TIS, SON, MAC ➤ U14, U20 for Volleyball & Basketball ➤ All competition take place in Macao



Athletic Fee

All participants in the athletics program must pay **\$1,500 MOP** Athletic Fee to join a sports team. If a student wishes to join more than 1 sports team, an additional fee of **\$500 MOP** will be required. Athletes **will not be allowed to represent TIS to compete until the Athletic Fee has been paid.**

The fee includes but is not limited to the following items:

- Athletic Kit (Beast Mode T-shirt and water bottle)
- Team Uniforms
- Local Transportation
- Athletic Banquet

The Athletic Fee should be paid directly to the North Wing Main Office after receiving the invoice.

In general, once paid, this fee is non-refundable. However, extenuating circumstances may warrant a refund and the Athletics and Activities Office will review each request on a case-by-case basis.

This fee does not include overseas tournaments travel fees, which is currently impacted by COVID-19 restrictions.



Team Selection

It is our goal to include as many students in our program as possible. We encourage students of all skill levels and experiences to join our sports team. However, the organizing bodies of our conferences often limit the number of players per team. For example, both ACAMIS and SCISAC limit the rosters for volleyball and basketball to 10 players and soccer to 12 players.

For this reason, some teams may not be able to register every student for every tournament. Coaches will sometimes have to make cuts to meet the roster size limits or to limit practices to a manageable number of athletes so that student safety isn't compromised. Each sports team will provide the opportunity to 'try-out' for the team during a team selection process.

Uniform

Each athlete will be provided with an official TIS Uniform for the team (s) that he/ she plays on, at no cost. The athlete will be responsible for caring and maintaining his/ her uniform for the duration of the season.



Athletic Awards

At the conclusion of each athletic season, individual awards will be given out to celebrate the achievements of our athletes at the annual Athletic Awards Banquet.

Most Valuable Player

Each team's coach(es) will select 1 recipient of this award in the case of a boys only or girls only team. For co-ed teams, the coach(es) will select 1 male and 1 female recipient of this award.

The recipient of this award should:

- Be a major component of the team's achievements
- Be a role model to his/ her teammates
- Be a dedicated member of the team both in training and competition
- Demonstrate outstanding leadership, both on and off the sports field
- Demonstrate sportsmanship with teammates, opponent, coaches, and officials

Most Improved Player

Each team's coach(es) will select 1 recipient of this award.

The recipient of this award should:

- Be a dedicated member of the team both in training and competition
- Demonstrate both mental and physical growth throughout the year
- Demonstrate sportsmanship with teammates, opponent, coaches, and officials



Athlete of the Year

Every coach will have the opportunity to nominate deserving athletes to receive the Athlete of the Year award. Nominees will be accepted for both a female and a male student in the elementary, middle school and high school categories. All coaches will vote for 1 student in each category to determine the winner. All nominees should:

- Exemplify the ethos of Tigers Athletics
- Be an outstanding and positive member of the TIS community
- Be a major component of the team(s) he/ she has played on
- Demonstrate outstanding athletic skill relative to his/ her peers
- Demonstrate a willingness to work and help teammates and coaches
- Demonstrate sportsmanship with teammates, opponent, coaches, and officials
- NOT receive any disciplinary action throughout the school year
- NOT quit a sports team he/ she is registered on
- NOT miss any scheduled games or tournaments



Coaches Role and Responsibilities

All TIS coaches, both staff members and external parties, shall adhere to the Responsibilities following guidelines and expectations at all times.

Recruiting Athlete for his/ her team

- *Ensure eligibility of players by verifying age requirements for specific league play, ensuring athletes have no outstanding fees, and any other factors that would prohibit a player from participating in inter-school sports.*
- *Adhere to the scheduled training times and attend all training sessions in a punctual manner.*
- *Maintain accurate and up-to-date attendance records of all training sessions.*
- *Attend all local and away games as per league or tournament schedules.*
- *Prepare and submit tournament and league registration documents in a timely manner (rosters, travel information, etc).*
- *Ensure all players submit requirement documentation in a timely manner (permission forms, travel documents, trip fees, health declaration, etc).*
- *Distribute and collect uniform kits at the start and end of each respective season.*
- *Maintain and care for all related equipment for the duration of the season.*
- *Take and organize photographs of gameplay as often as possible and submit photos to the Yearbook Committee in a timely manner.*
- *Complete tournament/game reports within one week after competitions to the Athletic Dept and/or post to the TIS Tigers webpage and Facebook page.*
- *Communicate and liaise with classroom teachers and parents as required.*
- *Report any accidents, injuries, and athlete misconduct to the Athletic Dept.*
- *Monitor athletes' academic progress on a regular basis and work with classroom teachers as needed to ensure athletes are meeting expectations in all classes.*



Professional Qualifications

- Process competent technical knowledge of the skills, techniques, and rules of the sport.
- Demonstrate the ability to teach fundamental skills in a constructive and age-appropriate manner so as to prevent injuries from incorrect technique.
- Plan and deliver training sessions in accordance to the rules and best practices adopted from official organizing bodies for each sport.
- Ensure safe training and competition environments through the correct and appropriate use of related equipment.

Conduct

- Exhibit a positive and constructive attitude that builds student morale and self-confidence.
- Communicate with officials, opposing coaches, and parents/ fans in a professional and courteous manner.
- Emphasize the value of sportsmanship to players by being a positive role model at all times.
- Adhere to the code of conduct for each organizing body that TIS is a member of.
- Never belittle, ridicule or use foul language when dealing with students and opposing coaches and officials.
- Represent TIS in a professional, positive, and congenial manner at all times.
- When away from Macao, coaches are never to leave students unsupervised at any time (playing venue, hotels, restaurants, etc).
- Never consume alcohol or other intoxicating agents while in direct supervision of students, whether locally or away from Macao.
- Adhere to the TIS Staff Handbook and all other policies governing the conduct of TIS Staff members.